

In This Issue: Allout Helter, Stud Mushroom, The Atomic Drifters

Colorado Music Buzz - Live, Local, 6 Years Strong

**October 2011
Vol 6 Issue 5**

MUSIC BUZZ
COLORADO
& Entertainment



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Sun, Oct. 9 - 7:00pm - SUMMIT MUSIC HALL



Tue, Oct. 11 - 7:00pm - SUMMIT MUSIC HALL



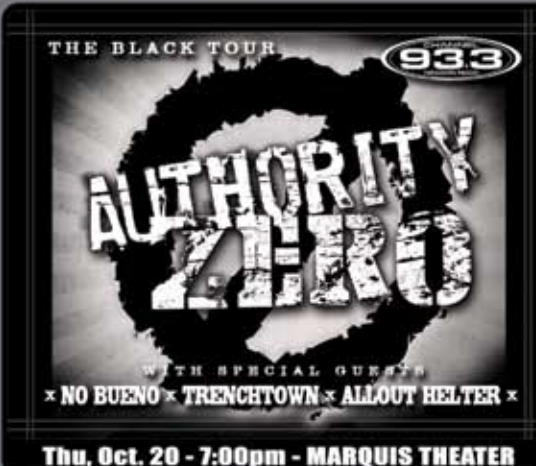
Mon, Oct. 7 - 6:00pm - SUMMIT MUSIC HALL



Tue, Oct. 18 - 6:00pm - SUMMIT MUSIC HALL



Wed, Oct. 19 - 7:00pm - SUMMIT MUSIC HALL



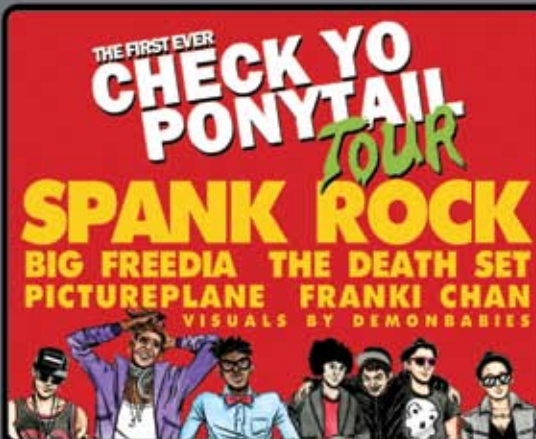
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Sun, Oct. 23 - 8:00pm - MARQUIS THEATER



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- POKER 7PM
- SIN 9PM

MONDAY

- FOOTBALL
- \$1 BEERS
- SIN 9PM

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- TRIVIA
- BEER PONG

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FRI/SAT OCT 7-8

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THURS OCT 13

PAUL GLOVER

ACOUSTIC COVERS

FRI OCT 14

REDLINE RADIO

80'S TO TODAY'S HITS

SAT OCT 15

ROWDY SHADEHOUSE

OLD SCHOOL FUNK

FRI/SAT OCT 21-22

FREDI AND THE SOUL SHAKERS

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THURS OCT 27

SHADOW MOUNTAIN

AMERICANA/BUEGRASS

FRI OCT 28

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SAT OCT 29

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SAT-SUN 9A-1:30A

Colorado Music Buzz Magazine

Managing Publisher / Senior Editor / Layout Management

Keith Schneider
Keith@ColoradoMusicBuzz.com

Publisher / Marketing / Promotions

Christopher Murphy
CMurphy@ColoradoMusicBuzz.com

Copy Editor

Heidi Winer
HWiner@ColoradoMusicBuzz.com

Associate Editor

Jennifer Cohen
JCohen@ColoradoMusicBuzz.com

Video Interviews

Doug Newville
DougN@ColoradoMusicBuzz.com

Contributors

Sheila Broderick,
Brandy Cordova, Jenn Cohen
Chris Daniels, Guy Erickson
Max Giffin, Mike Hall, Derrick Hornyan
Stephan Hume, Joshua Powell
Nathan Schmit, Jeanie Straub
Charlie Sullivan, The Swami
Torch, Tim Wenger

Photography

Sheila Broderick, Jenn Cohen
Derrick Hornyan, Max Giffin

Distribution

3rd Millenium Group, VooDoo Productions

Advertising & Marketing Inquiries

Advertising@ColoradoMusicBuzz.com -
Chris Murphy 720-429-8717

Web Advertising/Banner placement

Keith@ColoradoMusicBuzz.com -
Keith Schneider 303-870-7376

General Inquiries

Info@ColoradoMusicBuzz.com -

Sponsorships/Other

Please email us a written request proposal for all inquires to
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Please feel free to voice any concerns you may have
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audience and your artistic integrity. We are here for the
music, and we are here for you.

CMurphy@ColoradoMusicBuzz.com
Keith@ColoradoMusicBuzz.com

**Artists may submit press kits/CDs for
review by mail. Please send requests
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copy the writer of your choice in your
musical style.**

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Exclusive Stories

Music Recharges a Life...



Nic Classick

Music Recharges a Life

article and photo by Jennifer Cohen
JCohen@ColoradoMusicBuzz.com

"People respond strongly to music because it is so tied into memory and emotion." ~Sarah Thompson, Music Therapist.

Everything in my life seems to morph into a song I know. I remember growing up, my mother would say, "If you memorized your homework the way you memorize music, you'd be a straight-A student!" I never became a straight-A student, but if a song comes on that I haven't heard in more than 20 years, I have instant recall of the lyrics, as well as the memories surrounding that time.

I'd heard of music therapy before, Lord knows I've used it as therapy, but I had no idea to what degree it is being used for healing more than bad moods and broken hearts. This month, I had the pleasure of meeting the Classick family that is currently using music therapy to aid in the recovery of their patriarch, Nic, a traumatic brain injury survivor.

Nic is a businessman who traveled weekly from Denver to San Francisco for work. In 2007 while waiting in the airport, he had [what doctors believe was] a heart attack. Nic fell and hit his head on the marble floor. After two and a half weeks in a coma, doctors advised the

Classick family to "pull the plug," saying that he would never wake up, and if he did, he'd be a vegetable. The Classicks flew Nic home to Denver to decide what to do next.

Nic was in a coma for five months, and after four

unsuccessful visits, he was finally approved to start rehab at Craig Hospital.

After seven brain surgeries, and having to go without a forehead bone for six months due to a sinus infection, this 6' 6" tree of a man is



months in acute care, he gave everyone a sign that he was still fighting when he squeezed his daughter's hand upon command. Craig Hospital periodically sent a liaison to the hospital to see if Nic was ready for rehab therapy. After four

home now, with his incredibly supportive wife of 37 years, Christine. He completed rehab at Craig, and has gained back 90% of his long-term memory. He still has a difficult time getting messages from the brain to the body, and that's

where music therapy comes in.

Very rarely using a wheelchair at home, Nic prefers to use an "unstable" walker, forcing him to engage his balance. He also partakes in music therapy sessions with Sarah Thompson, a board-certified music therapist in Denver. "What we often see is that individuals respond to neurological music therapy in ways that they don't respond to other therapies," states Sarah. "The music offers multi-sensory feedback. You can see the instrument, hit it, feel it, and hear it.

The feedback loop helps the brain to understand that it has reached its subject. Moving to the music, using his voice, or playing instruments are behavioral measurements used to gauge Nic's progress. And walking is inherently rhythmic, so using a pulsing metronome, I can give him musical cues relative to his tempo."

For TBI and stroke survivors, music can help them to remember certain things in steps, which they can't remember independently; like the steps of getting dressed, etc., as well as taking their minds off the reps and pain to increase endurance.

Against all odds, Nic Classick continues to improve. Thank you so much to the Classick family for inviting me into a very personal part of their lives. And for more information on music therapy, please check RRMusicTherapy.com.

Nic continues to improve. Against all odds.

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ALPINE MUSIC CONNECTION



Chris Hillman – From The Byrds to The Desert Rose Band – What A Ride!

by Charlie Sullivan
CSullivan@ColoradoMusicBuzz.com

Chris Hillman, one of the elder statesmen on the national music scene, has been performing since 1963 starting with the **Scottsville Squirrel Barkers**, **The Hillmen**, Bluegrass outfits, moving around with various acts and almost hanging it up before landing his gig with **The Byrds** (RRHO Class of 1991 and what an honor, he says) in 1964, and then forming **The Flying Burrito Brothers** with Gram Parsons in 1968. The '70s found him floating around in **Manassas** (Stephen Stills), **The Souther-Hillman-Furay Band**, and **McGuinn, Clark, and Hillman**, all short-lived bands. "All of these bands had their moments and were great to be a part of; I still stay in contact with some of the guys," he conveys. Finally, in 1987 he returned to his Bluegrass and Country roots forming **The Desert Rose Band**.

There are times you just run out of superlatives, but I'm going to give it a go. I had the chance to chat with Chris before his performance at the Rocky Mountain Music Festival and all I can say is what an incredibly humble and approachable man. For a guy who has been on the national music scene for almost fifty years he has no star pretentiousness. Obviously his colorful musical past belies that he's always been a normal guy who still enjoys getting up on stage and entertaining the masses. The man just doesn't believe in his own hype.

CMB: What was it like breaking into the music business in the '60s?

CH: I considered myself very lucky to be doing what I was doing at that age. I was an okay bass player making a darn good living with The Byrds and there were Juilliard-schooled bass players out there starving, people didn't get the breaks that I got and I knew it. I'll always remember that and I am grateful for the opportunity I was given. (Interesting considering he didn't play bass until he joined The Byrds.)

CMB: Have you always found it natural to be on stage performing?

CH: No, I was always kind of the shy guy in The Byrds. Roger (McGuinn) and Gene (Clark) were always a lot more out front. It took a while for me to develop that ability.

CMB: Where do you think you've found your most success?

CH: The Desert Rose Band was and has been the most commercially successful of the bands I've performed in since The Byrds. We weren't given any preferential treatment on the radio when we were breaking in, we had to earn it. The band was accepted for the music we were crafting. When we got the outfit together, cut a record and hit the

circuit, we landed a hit on the Country charts and I'm thinking, okay, but when the hits started rolling in I was thinking this isn't supposed to be happening, it was a real surprise. (The Academy of Country Music also took notice, garnering the crew with several awards.)

CMB: How long was the run with The Desert Rose Band?

CH: We had a good long run as a group, eight years. It was my longest affiliation with a band. There was consistency with the band; nobody had any baggage, no substance abuse issues. We all got along and we still have a great time together.

CMB: Why pull the band back together for the Rocky Mountain Music Festival?

CH: It was a lucrative offer (he laughs). I have to say that, but it's not the main reason. Two years ago we were asked if we were interested getting the band together to perform at various shows. We talked it over and said why not. We played three or four shows each of the past few years and this is the only show on this year's schedule. We still enjoy each other's company and I think the band is playing better now than we did in our heyday. The hard part now is finding the availability of everybody involved to schedule dates.

CMB: Did you think all those years ago that you'd still be out on the circuit performing?

CH: I never thought about it back then. I consider myself lucky to still be performing, to have a following. I still have the passion for performing, to be able to touch a crowd, to touch a nerve in them, to communicate my art. As long as there's a market I'll stick with it.

CMB: Do you think you have another album in you?

CH: I'm not sure if I'll ever do another album. I might take five months off after this and give it some thought, but if I do I'd go about differently. I'd do it myself like the kids today.

CMB: What do you think about the state of the music scene today?

CH: I don't hear a lot of new unique music. It's a lot of the same stuff that's been around for years. You're probably more in touch with it than I am.

CMB: What can you say to kids putting a band together today?

CH: The young bands today have it a lot harder than we did. It's a lot harder to get recognition. I will say to them – stick with it, keep playing, burn those CDs and give them to the people at your shows. Yes, it's good to be visible, but there is a certain amount of luck that goes along with it, stay on your educational curve, don't quit school, you should see the looks I get from some of them when I say that (laughing). I'm impressed with the way some of the young bands market themselves. It's hard for them to get noticed, but they manage to get their name out there. Another point of contention I find in music is MTV, the video generation, it's a great marketing tool, we did some. But I feel it has stripped the imagination away from the music.

CMB: What music do you find yourself listening to these days?

Read more of this article at
ColoradoMusicBuzz.com



Art Alexakis Interview (Everclear)

by Jennifer Cohen
JCohen@ColoradoMusicBuzz.com

The threat of rain didn't stop people from heading to The **Denver Botanic Gardens** near Chatfield, for the inaugural Rocky Mountain Music Festival. With multiple stages, 15 bands, and four headliners, including Everclear, Bodeans, Fabulous Thunderbirds, and the Desert Rose Band, Red Stag Productions owner, Bob Potrykus, hopes this will be, "A footprint for a really cool annual music festival for the Front Range."

Offering a variety of music, RMMF hopes

to draw people in from all genres, as well as families with children. This year, there were multiple food and beer vendors, merchandise tables, and family-friendly activities.

I caught up with **Everclear** frontman, **Art Alexakis**, to see what's up.

CMB: Any new albums on the horizon?

Alexakis: We have a new album recorded, and are touring next summer with a lot of cool band from the 90s—all original songs.

CMB: This is a different venue for you—

Alexakis: I've played all the places I've wanted to play. If they wanted me to play a Taco Bake down in San Antonio, I'd do it—it doesn't matter to me where I play.

CMB: You've been very candid about your addictions, something that could've easily derailed your success, how do you feel about that now?

Alexakis: I'm clean and sober for over 22 years. I still have my issues, and I'm still a screw up in many ways, but I made the choice. You don't have to let your past damage or experience program you. As we get older, we choose—I don't want to live like that, I don't like the road that's taking me down.

Everclear played all the fan favorites, including "Father of Mine," "A.M. Radio," and "Amphetamine," as well as two acoustic songs. Alexakis gave a shout out to the importance of supporting local venues saying, "Having a local venue for music is a big deal. Support it." They ended their set, and encored with Santa Monica.



BoDeans at the Rocky Mountain Music Festival

by Sheila Broderick
SBroderick@ColoradoMusicBuzz.com

The **BoDeans** still remain to be one of the greatest all-American bands. Beginning their debut 25 years ago, they still remain true to their roots and produce amazing harmony. Their performance at The Rocky Mountain Music festival was breathtaking not only due to the scenery, which included and amazing double rainbow, but also the band has always had a great presence about them. It kind of made for a magical evening.

The band has released a new album, **Indigo Dreams**, which stays true to BoDeans' Sound. **Kurt Neumann** and **Sam Llanas** still make an amazing impact with their songwriting. "Blowin' My Mind" and "Wrap me" are sure to stick in your mind. They still have it!

BoDeans.com



The Playground Ensemble
– **Dreams Go Through Me [LP]**
by Jeanie Straub
JStraub@ColoradoMusicBuzz.com

The Playground Ensemble is composed of Artists-in-Residence at the Lamont School of Music at the University of Denver, who are professional musicians and composers dedicated to Classical music and presenting Classical music as a "living art form." (The school is quite prestigious and is housed in the Robert and Judi Newman Center for the Performing Arts, which is a beautiful building and an awesome center.) Just to touch on one track – the whole CD is fabulous – I'll mention the opening track of **Dreams Go Through Me**, "NO one To KNOW one," by Andy Akiho (2009). It was recorded at the Colorado Public Radio Performance Studio and is an absolute treasure. Akiho is an award-winning composer and performer who has been featured on PBS's "News Hour with Jim Lehrer" and as a percussionist at Carnegie Hall in New York City. Other artists include Leanna Kirchoff, Reggie Berg, Second Day Nothing string quartet, Conrad Kehn, Brian Ebert, Anthony Green, and Todd Swingle. The CD project is supported by the American Music Center's CAP Recording Program. For sure check this out because if you like Classical you'll love it, and if you're not that into classical, this is a good way to get into it.

PlaygroundEnsemble.com

Rock

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Check the calendar on pg 4
for details, shows, and more



Allout Helter

by Tim Wenger
TWenger@ColoradoMusicBuzz.com

You know you've dreamed about it, and now local Punk/Thrash band **Allout Helter** is living your dream after signing with Dang!Records from Denton, Texas, and will be putting out a two-song EP, *An Hour Made for Arson*, on October 20.

"It came about really surprisingly," says vocalist **Ross Swirling**. "After we posted one of the two songs that are coming out, Shawn (runner of the label) listened to it online on our Bandcamp page. He basically hit me up on a random Saturday and

asked if we wanted to be on Dang!Records. He's going to be helping with online distribution through his web store, and with a lot of the promotional stuff," says Ross. "He's a really great guy, and the roster of bands he has got is really cool."

The label, a small DIY initiative, provided Allout Helter with upfront funding to get their new EP put out on CDs in addition to just an online download, and is offering presale bundles for the EP featuring t-shirts, cassette releases of the EP, and music from the label's other bands. Allout Helter will also be featured on a four-way split featuring the label's other bands, Perdition, DC Fallout, and Samuel Caldwell's Revenge. The split will be released late 2011 or early 2012.

An Hour Made For Arson was recorded in Denver at Noisegate Studios with Ross McAfee. "We recorded it in one day, two songs in one day," says Swirling. "We couldn't be happier with how it sounds. It was a fun recording experience. A little bit of a hectic schedule, but we got it done!"

Download at AlloutHelter.Bandcamp.com on a donation basis, as well as at DangRecords.BigCartel.com.

Facebook.com/AlloutHelter

The Atomic Drifters

The Atomic Drifters

by Sheila Broderick
SBroderick@ColoradoMusicBuzz.com

The Atomic Drifters are yet another great example of a Denver Rockabilly band. They are a four-piece group that takes you back in time with all the greats from the 1950s. Frontman Rusty's voice is authentic and delivers that '50s Rock and Roll sound without a doubt. Mix that with one hell of a band: With **Keith** on guitar, **Joe** on the upright, and **Mike** wailing on drums you have a recipe for fantastic hard-driving Rockabilly.

The Atomic Drifters are in high demand

and on the rise. Go treat yourself to a great night of dancing your socks off! You won't be disappointed.

AtomicDrifters.com

Sunday, October 21: 2:00pm
Ecks Saloon
Friday, October 7 9:00pm
Green Mill Tavern
Saturday, November 12 9:00pm
Skylark Lounge



Stud Mushroom

by Max Giffin
MGiffin@ColoradoMusicBuzz.com

Stud Mushroom is a band growing in popularity from Poudre High School in Fort Collins, Colo. This musical group blends their Reggae, Classic Rock, and Funk influences and creates a style all their own. They are known for playing energized, updated versions of classic songs, such as "Stir it Up," "Voodoo Chile (Slight Return)," "Feel Good Inc" and "Float On," among many others.

Stud Mushroom recently took an exciting step up in the music scene by playing on the Linden Stage at Fort Collin's New West Fest. The New West Fest is Northern Colorado's largest free community arts and music festival. I was lucky enough to attend Stud Mushroom's set and was thoroughly impressed by the band. **Austin Gloss** provides Bradley Nowell-esque vocals, while bassist **Drew Miller** and percussionist **Jonah Greene** provide the funky back beat to the group. The band is also equipped with the exceptional guitar playing skills of **Jeremy Marmor** and **Adam Petty**.

In addition to their typical instruments, several songs also incorporated Drew Miller's special cello playing and Adam Petty on the trumpet. The unique combination of instruments gives the music a vibrant sound that caught the attention of all nearby New West Fest attendees. The audience cheered and jumped along with the music, thoroughly enjoying it. For a band so young, they have great potential and will surely go far in the future. They are definitely a band on the rise in their local music scene.

Facebook.com/StudMushroom



Candlebox Shows Denver Some Love

By Sal Christ
SChrist@ColoradoMusicBuzz.com
Photo credit: Derrick Hornyan

A wedding anniversary, a familiar grind of guitars, and the heady rush of nostalgia rushing through the veins make for an epic rock show that only Seattle's **Candlebox** could have delivered on Sunday, Sept. 25 at the **Bluebird Theater**. Three years had passed since the band had last toured through Denver, but the conversation between the crowd and

lead singer, Kevin Martin, certainly felt like catching up with an old friend. Kicking things off with "Bitches Brewin'," a track off their last album, 2008's *Into the Sun*, the band played tunes traversing the length of their entire songbook including "You," "Understanding," and a couple of cuts from their new record, which is due in February of next year.

In a pre-show interview, lead guitarist Peter Klett talked about his love for Denver, the latest album, and how the music industry has changed as a result of the internet.

CMB: So, I'm really glad that you guys are coming through Denver—it's been a long time.
PK: I love Denver.

CMB: Yeah? How many times have you been to Denver?
PK: A lot. I couldn't even tell you the amount, but just Colorado—in general—I'm a big fan of.

CMB: Just from personal travel or?
PK: Personal travels. Obviously with the band, but I love the scenery. I love the weather. People are cool. I just like it.

CMB: Wonderful. Well, speaking of travels, you guys started your tour like ten days ago—or longer?
PK: Well, this part of it, yes. Yeah, it's been a few months.

CMB: Where did you guys start off in? How long ago did you guys start off on it?
PK: Oh, boy...August? July 29th or something we started and we've been doing legs. Then we went to California to do the record and then after that we started this leg, so you know it gets broken up by a

few days of being home.
CMB: So what's been your favorite part of the tour so far?
PK: Going to Florida's always good because the fans there are ravenous. We probably do the best business there as far as fan base, you know. As far as travel and being away from home, doing the record was a fantastic time. Very cool, I loved that.

CMB: Nice. When is the new record coming out?
PK: February's the word, but you never know. February, March, maybe April.

CMB: Hopefully sometime next year, though?
PK: Yeah, early next year. First quarter probably.

CMB: Good, good. I know that it's been in the works. I saw an interview with you guys last year and you were hoping to have it out this year.
PK: Yeah, it just didn't work, but now that we've done it I'm glad that we waited. It probably wouldn't be as good. We were rushing. We already rushed it as it is. Oh, geez, we did it in 12 days, 20 days—something like that.

CMB: Wow. That's pretty fast for a record.
PK: Yeah, very fast.

CMB: And how is it going to be different than the last one?

Read more of this article at
ColoradoMusicBuzz.com



Read the EXCLUSIVE interview
by Groovey with
Joey BellaDonna,
Lead singer of metal
legends ANTHRAX
in this month's
ONLINE ISSUE of
COLORADMUSICBUZZ.COM



A-sides

The Good and Honest Reviews



Saints – “Dark Country” [single]
by Jeanie Straub
JStraub@ColoradoMusicBuzz.com

I should preface this review with the confession that I was already a HUGE fan of **Saints**, and that they are my favorite local band, as well as way up there on my national list. I am a Saints groupie. That said, this new single is absolutely my favorite Saints tune EVER. It is a Techno Dance tune that features an awesome bass line pulling it right along. It sounds very much like a hit. Says one of my co-workers, who is a huge music lover: “That’s what a single should sound like. Everyone: Pay attention.”

The background on the band: Saints was started by two Scottish brothers, **Rob and Lewi Gault**, who had relocated to Denver. After Rob met **Blaine Schult** through a friend, Blaine became the third and final full-time member of Saints in 2008. They started to play out in Denver and surrounding areas, eventually opening for bands like the Flobots, Chevelle, and Smashing Pumpkins. They released *Saints EP* in 2009. The best description of their band at the time would be a local version of Brit Pop – Denver, but still a very slick-sounding European. This new single is a departure, with a deep and dark, almost evil-angelic sound that came after Rob was laid off from his day job. They explain: “After a short period of reflection, he started to write from a darker, more cynical place and the result was a new batch of songs that came not only with a healthy pinch of frustration and honesty, but also wrapped in a new bigger yet more composed and controlled sound. Not the triumphant stadium guitar of the previous releases, but instead a more assured, cool and measured delivery.” The new single has a great video to go along with it that overlays lead man Rob with a red background like Satan overlooking individual white game pieces – the lyrics sound pretty black, if I didn’t mention that before. (The video was originally part of Saints’ live set-up featuring videos running in sync with the songs. They just overlaid Rob’s face. See it here: <http://tinyurl.com/saintsvideodarkcountry>. Finally, to answer one potential question: Is the sound of “Dark Country” kind of commercial? OK, maybe. It has great energy, though.

SaintsTheBand.com



Post Paradise – The New Normal [LP]
by Jeanie Straub
JStraub@ColoradoMusicBuzz.com

Fort Collins usually has a lot to be proud of as it isn’t merely a sub-genre of the Denver music scene, but a scene all on its own. Latest to look for is **Post Paradise**, a cello-inspired Alternative Rock band out of the area that almost stands out precisely because of the heavy emphasis on the awesome cello work of band member **Amy Morgan**, although it has a lot going on otherwise and has put out a well-planned and well-executed CD that I have found myself listening to over and over again. In addition to Morgan’s outstanding contribution, **Nick Starr Duarte** shines on guitar and vocals; **Craig Babineau** on drums; **Phil Spencer** on bass; and **Erik Babineau** on guitar. It is hard to put your finger on how Post Paradise isn’t your run-of-the-mill Alternative Rock band, because it is a space crowded with a lot of great bands. Maybe it is the cello after all?



Rob Roper – Misfit [LP]
by Jeanie Straub
JStraub@ColoradoMusicBuzz.com

My basic assessment here it that the music is great – my office partner today called it “relaxing,” and she meant that as a high compliment. The band meshes well and is a talented bunch – rounding out singer-songwriter **Rob Roper** on acoustic and electric guitar and lead vocals is **Laurie Lamar** on bass and backing vocals, **Dan Heinrich** on drums, and **Paul Ermisch** on violin and keyboard. That said, Roper’s vocals could go one way or another depending on your taste. For some, Roper may remind of Bob Dylan, but then Bob Dylan didn’t have that great of a voice, either. (And yet he has millions of fans.) I myself do like Bob Dylan, so Roper’s voice is more than just passable to me; it has character, but for a lot of people his vocals are going to do one of three things: one, please you immediately; two, grow on you because the musicians are great and his voice is okay; or, three, sound like someone who isn’t that great of a singer singing with a great band behind him. No matter where you land in that scheme, Roper has great, at times very funny, lyrics that are very original. There’s nothing really bad about this record, it is just going to boil down to what you want to hear at the time. At best it is like upbeat Bob Dylan, at worst it isn’t that offensive. This CD has a bit of Country twang to it, so if you’re a fan of the genre, that’s going to be a plus for you.

RobRoper.com



David Michael – Low Bid on a Dream [LP]
by Jeanie Straub
JStraub@ColoradoMusicBuzz.com

Low Bid on a Dream – a bluesy, jazzy mix of Americana – doesn’t feel like a debut. **David Michael** is there on the cover with his chocolate lab and his guitar wearing a black T shirt and jeans and black Doc Marten-type boots with a black top hat in front of a NO LOITERING sign as though he has been around the block, and that’s the way his music feels: Like a guy with a life of stories to tell.

He’s really an experienced musician, and the lifetime of stories pretty much sets the stage for the theme of this CD, and the song titles fit: “Downtown Toledo,” “Blues Du Jour,” “Used Parts,” “Low Bid on a Dream,” “Lady’s Blues,” “Nickel Bag of Reefer and a Sixpack of Beer,” “Just an Old Tattoo” and “Love Takes a Drive.”

Michael’s influences run from The Paul Butterfield Band, Allman Brothers, and James Taylor to The Beatles and Led Zeppelin, and he’s been “moved” by Bob Dylan, James Taylor, and Paul Simon, as if that would give you a hint to what is in store. (Know that the rhythm section was “lifted from Nick Forester’s E-town band.”)

What this amounts to is a true pleasure. Simple complexity and fine grit.

DogHeadMusic.com



Cassie Taylor: blue (DMD – label, Hypertension Music – distribution)

by Guy Erickson
TheNakedStage.Net

The “Daughter of a bluesman,” **Cassie Taylor** fully embodies the Blues as only the greats can: Blues ain’t music, it’s life. She was born with the voice of an angel, now augmented with the elysian depth, scintillating luminescence and seraphic passions of an entrancing young woman. Re-imagining the sultry bass guitar as a hybrid-melody instrument – much the same way her W.C. Handy Award-winning father **Otis Taylor** (OtisTaylor.com) redefined the electric banjo, unexpectedly invigorating the Trance-Blues genre (TranceBluesFestival.com - Nov. 25-27, Boulder); Cassie’s a demonstration on how *spectacular* the universe can be. A songwriter far beyond her twenty-something years, multi-instrumentalist, veteran of a dozen albums (including **Gary Moore’s**, *Bad For You Baby*), and numerous tours in her father’s band, Cassie is 1/3rd of the **Girls with Guitars** (released March 2011) trio with **Samantha Fish** and **Dani Wilde** (Ruf Records), and also serves on the board of directors of **The Blues Foundation**. Having a guileless, naturally pure stage presence, Cassie doesn’t wait for an audience to connect with her, she offers herself as immediate realization that we are irresistibly whirled into this flowering golden rainbow of the Blues.

Amazing musicians grace this CD: **Cassie Taylor** (Otis Taylor Band) lead vocals, bass, piano; **Jeremy Colson** (Steve Vai, Billy Idol) drums; **James “Rooster” Olson** (Trailer Trash Pedalboards), guitar. Additional musicians include **Rusty Anderson** (Paul McCartney), **Eric Gales**, (*Guitarist Magazine’s* Best Blues Player 2010), and **Tim Tucker** (also album producer, engineer) – guitar; **Steve Mariner** (Monkey Junk, 2009 Harmonica Player of the Year) – blues harp; **William “Fat Willie” Whittaker** – Hammond B-3 organ; **Hazel Miller**, **Denise Gentilini**, **Lindsay Solonycze**, and **Alyssa Clotfelter** – backing vocals.

CassieTaylorBand.com

LIVE: Girls with Guitars currently on World Tour (BluesCaravan.DE) until November Oct. 23-30



Kim Jones – Lucky Girl [LP]
by Jeanie Straub
JStraub@ColoradoMusicBuzz.com

Singer-songwriter **Kim Jones** is a very strong singer with a very throaty, deep voice – she has been compared to Joni Mitchell, Melissa Etheridge, Patti Griffin. (My own comparison would be to KT Tunstall and Adele.) The musicians she’s got backing her on *Lucky Girl*, including Wendy Woo and Melanie Susuras on harmonies and Glenn Taylor on pedal steel – are first rate, as well as the compositions, which feature the standards rounded out by violins, viola, cello, and a host of horns. It is no surprise that she’s gotten her fair share of radio attention, including spins on Denver’s 99.5 The Mountain and 88.9 KRFC in Fort Collins. My only suggestion would be – granted my speakers at work on a computer aren’t that great, but to me it seems like there are some recording issues even though she promotes the fact that it was recorded and mixed by Colin Bricker at Mighty Fine Productions in Denver. As my co-worker said: “If you are trying to sell your artwork, you don’t shop around Polaroids.” She sounds as though she is singing from the bottom of a well.



Allout Helter – An Hour Made For Arson [EP]
by Tim Wenger
TWenger@ColoradoMusicBuzz.com

Sometimes, shorter is sweeter. Denver Punk/Thrash band **Allout Helter** is out to prove that it’s not the size that matters with their new EP, *An Hour Made For Arson*, due out October 20 on Dang!Records. Containing only two songs, the release is a quick shot through Progressive Hard Rock with definitive elements of Punk in the background.

The title track, “An Hour Made For Arson,” starts off with a catchy guitar lick, and then breaks into a fast verse that brings to mind the sound of Canadian thrashers Propagandhi from the *Potemkin City Limits* album mixed with strong backup vocal parts and harmonics that sound more like straightforward Punk Rock. “Collisions” features a brisk Punk Rock drumbeat that seems to challenge the two guitars to keep up. They answer with quick picking solo riffs and throw in lucid vocals that give the song a bit of a boldtype-ish touch that fits perfectly over the rippin’ guitar lines that dominate the track.

The EP is available for download and purchase on CD and cassette through Dang!Records’ website at DangRecords.BigCartel.com and through the band’s site at AlloutHelter.Bandcamp.com.



Lara Ruggles: Out of an Eggshell [EP]
by Guy Erickson
TheNakedStage.Net
GErickson@ColoradoMusicBuzz.com

An incredible lyricist and expressive singer with both power and beauty, **Lara Ruggles** as composer is unafraid to take some of her songs into mostly unexplored, even modern Classical, terrain. Lara’s an accomplished pianist, guitar player, and Folk *Artist* to be reckoned with – by cracking open her debut *Out of an Eggshell*. With broad natural talent, her songs flow melodically and emotionally, captivating the listener into the aura of her passionate sphere with her voice, only to burst forth, lush and evocative. Accompanied by **Amy Shelley** (SuperCollider, Cuddle, Janet Feder) drums, djembe; **Lesley Kernochan** (Lesley Kernochan Band), vocals, musical saw; **Brenna Ruggles** (Lara’s younger sister), violin, vocals; **Sarah Louise Pieplow** (slp), cello, vocals; and **Nicki Handy** (The Mile Markers, formerly of The Gristle Gals), upright bass. These ladies create a vibrant female presence harking back to the dazzling days of Women from Mars, and any fan of gorgeous songs will need to catch *all* of these multit talented performers, live!

LaraRuggles.com

LIVE: Tues. Nov. 15 / The D-Note (DNote.us)
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by The Swami / top right photos by Sheila Broderick

CMB: You guys formed Broken Tongues when and why?

Greensleeves and Zach are brothers who formed the band in 2007 right before they moved back to Denver from Chapel Hill, North Carolina. Their previous band was breaking up and the brothers decided to take the opportunity to move in a new creative direction. Then in 2008, Loose Change and Greensleeves, both Smoky Hill High grads, met through mutual friends who recognized the common interests of the two. Greens was an engineer at CCM Studios on Colfax and Loose Change came in to record an initial version of a song he'd just written called "Sunrises" (a current version is on "Crooked Skyline"). The two really vibed so Greens proposed having LC join the group. The three began writing and performing around Denver, but after a couple of rough shows in early 2009, the three of them realized that they needed to add live instruments to take it to the next level. So they took out some Craigslist ads in the Denver area seeking bass and drums. Both, Erin and Donny responded and auditioned. The rhythm section, with Zach on guitar, Erin on bass and Donny on drums, formed a nice pocket really quickly and Greens and LC were just ripping over vamps immediately, so we knew we had something going. The five of us started jamming regularly together. Meanwhile, CC and Zach were working together downtown for a media/music/production firm. They saw common ground in their musical interests and goals, so Zach invited CC to audition. She killed it and we added her shortly thereafter. Thus, six members. We've now been together as a six-piece for just under two years.

CMB: Tell us who makes up the band and what instrument they play.

Loose Change: MC
Greensleeves: MC, turntables, MPD (digital sampler), percussion
Christie "CC" Chambers: vocals, percussion
Zach Warkentin: guitar
Erin Angel: bass, keys
Donny Broussard: drums

CMB: What's behind the band name?

The name itself comes from Bob Dylan's post-apocalyptic, protest tune, "A Hard Rain's A-Gonna Fall," namely, this passage:

"Oh, what did you see, my blue eyed son ?
And what did you see, my darling young one ?
I saw a newborn baby with wild wolves all around it
I saw a highway of diamonds with nobody on it
I saw a black branch with blood that kept drippin'
I saw a room full of men with their hammers a-bleedin'
I saw a white ladder all covered with water
I saw ten thousand talkers whose tongues were all broken
I saw guns and sharp swords in the hands of young children
And it's a hard, it's a hard, it's a hard, and it's a hard
It's a hard rain's a-gonna fall."

At the time Greensleeves and Zach formed the band, they were feeling really stifled, both emotionally and creatively, due to some experiences that ultimately led to the breakup of their previous band. The name, "Broken Tongues," recognized that fact, like they'd been silenced. It also offered a kind of liberation in acknowledging that fact, but also by being the name of a new project, free from any restraints on their creativity. There was freedom in it, and we liked the juxtaposition in the concept of something broken and damaged but also new and revitalized; the complex nature of ending something you've been heavily invested in, letting go and then beginning something new and exciting and different.

CMB: You guys have a diverse collection of styles and musicians. What are some of your previous projects and what brought you guys together?

Individually we've been in a number of different bands, from singer-songwriter, to Hip-Hop, to Jazz ensembles, to Bourbon Street Soul and Rock 'n' Roll. We're big on diversity and we still try to maintain side projects even as the band is doing really well. Greens and Erin have formed their own beat production group, called "PRESTOdigitist" (or "PRESTO-D"). CC does vocal work with a number of well-known groups around town, and Loose Change is currently working on a solo mixtape. We pride ourselves on being jacks-of-all-trades, and we think BT's music reflects that.

CMB: You guys have a diverse collection of styles and music guys together?

Individually we've been in a number of different bands, from surf Rock 'n' Roll. We're big on diversity and we still try to maintain it. We've formed their own beat production group, called "PRESTODigital," and around town, and Loose Change is currently working on a solo music reflects that.

CMB: With such diversity, what is at the core of your musi

We try to find a balance between pushing the limits, exploring the music and they maintain strong influences from Jazz and we want our music to relate to people as well. Within Hip-Hop in connection with listeners. It's fun to try to be clever, but if people can't touch people; that's a central purpose of it - to connect to a simplicity is best, and we're constantly trying to maintain a balance they of course are not mutually exclusive qualities.

CMB: What would you classify as a musical profile to those

Simply, Alternative Hip-Hop. But the term 'Hip-Hop' often conjures up what we do. We use a combination of live and digital instruments over a Hip-Hop foundation. Truthfully, we've struggled with finding a single name to any suggestions from fans or the media! Hit us up with 'em on

CMB: Do you guys have big dreams?

Absolutely. We started this band really just to get on stage, and we'd be lying if we said we weren't ambitious. So now the goal is dreams of hitting it big. But we really work hard and that's often and a bit of luck.

CMB: What are some cool things that are happening for B

The Fall of 2011 is shaping up as a huge season for us. We studios, on October 1, 2011. We're launching a new website or individual song as well as an Mp3 and hi-res version of the full album the hard copy of our CD at the Crooked Skyline CD release party (Star) and DJ Abilities from Rhymesayers Entertainment open Ballroom, so it should be a really sick event. We also have some album does and just ride the wave as it comes.

CMB: Do you write songs to be a hit and hopefully get radio play or does everybody write together?

We don't write songs for radio play, although we want our song to appeal to people. From a practical standpoint, the rhythm vocalists write all of the lyrics and vocal melodies. Loose Chan

Our writing process is very organic. Typically, someone comes know it, ideas for beats, sounds, lyrics, and melodies are flying. are extremely important to our uniqueness, so we take time to go over time. And it's a constant tweaking process. One idea or p sound in new directions, which in turn can catalyze other new

CMB: You guys have had some pretty killer opening slots.

Yeah. We've been really fortunate to open for some incredible and nice a person as he is an amazing MC, and hopefully we'll get to party at Cervantes Other Side. Opening for Digable Planets was a (surprising appearance) hung out and literally freestyled for like but on the East Coast they're up there with Rakim and Eric. InnerPartySystem and Empire of the Sun at Global Dance Festival scene was outrageous. Lots of great music, bright colors, and DJ Skizzm, as well. Opening for Wailing Souls was cool, too, because awesome to see first-hand their approach to Reggae, which Roots was tight, too, because the stage was set up like a living

CMB: A couple crazy stories from those shows?

Hah! Don't want to reveal too many specifics, but we'll just say lost cars, left instruments, almost collapsed a stage at UMS. Our buddies like to keep him honest on stage, too. His buddies, Tr gulp in between verses, only to find out it was actually a pint of

CMB: The new album is titled *Crooked Skyline*. Tell us a bit

At its core, it's an homage to the city we love, live in, and that's our music – taking something familiar and adding a new perspective. The element of perspective is that it's relative to each individual. We know what it means.

CMB: What are your goals with the new album release?

First and foremost, to get our music into the most hands we can. The more we do, the longer we can do that. As for the Nov. 4th CD, we want to make the community and the industry take notice.

sicians. What are some of your previous projects and what brought you

inger-songwriter, to Hip-Hop, to Jazz ensembles, to Bourbon Street Soul and
n side projects even as the band is doing really well. Greens and Erin have
t" (or "PRESTO-D"), CC does vocal work with a number of well-known groups
o mixtape. We pride ourselves on being jacks-of-all-trades, and we think BT's

cal interpretation?

new ground, and being relatable at the same time. Zach and Erin write most of
Progressive Rock, which add some complexity to our progressions. But we
particular, a good understanding of simplicity and space is key to building that
e can't identify or relate to the tune, cleverness only gets you so far. Music has
a listener, to convey an emotion that the listener can relate to. So sometimes
ce between clever progressions, simplicity, space and strong melody, because

e who haven't seen or heard you before?

res the likes of Lil' John or TI to the lay listener, and isn't really compatible with
entation and incorporate elements of Jazz, Prog-Rock and Livelectronica over a
mple name to explain what we do. Any ideas on that? We'd certainly be open
on Facebook!

d to have an artistic outlet for our ideas. But things have kind of taken off and
al is to get to a place where we can do what we love for a living. Every band
n the separator from the good bands that make it and those who don't. That

roken Tongues in and out of Colorado?

release our first studio album, Crooked Skyline, recorded at Denver's CCM
that same date, and the album will be available as a digital download of each
album at the site (BrokenTongues.com). Then, on November 4th, we're releasing
arty at Cervantes' Other Side. We're very excited to have One Be Lo (Binary
ing the show. And Chali 2na is playing next door at Cervantes' Masterpiece
ne other big shows in the works for the following months, so we'll see how the

dio play? With all the talent in the band, are there specific members that

to be relatable to listeners. We just write what we like, and often, that seems
section (Zach, Erin, and Donny) write the foundation of most tunes, and the
ge has written a few tunes as well, though.

to the band with a new riff or lyrical idea and we just start playing. Before you
We recognize that the combined talents and varied influences of our members
give them room to grow. We don't rush. We let a song or thematic idea develop
erspective can only take you so far, so we rely on each other a lot to push the
ideas. It's an incredibly fun and exciting process to write tunes in this band.

Tell us about them.

artists, idols even. Nothing like chilling with Chali 2na backstage! The man's as
a chance to say, 'What's up' to him again on November 4th at our CD release
as a dream come true, too. And backstage at that show, Camp Lo (who made
ke two hours straight. People out here might not be super familiar with them,
ik B. So it was amazing to be part of all that. We opened for Kid Cudi,
dual at Red Rocks Amphitheater. The size of that event was incredible and the
not girls in spandex. 'Nuff said. Andy Rok's a buddy, so we've worked with Bop
because we love the opportunity to do shows with non-Hip-Hop bands. It was
f course is an art that can take decades to really master. Opening for Nappy
room, with sofas, lamps and all – very comfortable.

y that we've had some crazy times: partyin' with other bands, gotten jumped,
e venue tried to pay us in a 1/2-gallon jar of some kind of Bud. Loose Change's
avis, Jimmy, and Tate, once handed him a glass of 'water' and LC took a big
ass of vodka! Nasty.

t more about the concept behind the disc.

brought us together – Denver. It's also about a theme we like to revisit often in
ctive to it. But we left it open to interpretation on purpose because an important
We want people to take this album and form their own ideas and notions as to

an. We love playing and writing and the more people we can get appreciating
D release party, we want to make it the biggest party possible. An event that'll



CMB: Working in a studio setting together has its challenges. Tell us how the recording process went and some crazy ass shit that went down during the sessions.

The recording process for Crooked Skyline has been a long one, and Greensleeves (who mixed and engineered the album) is probably pretty tired of these tunes by now (jokingly). It's been a two-year labor of love. There have been some conflicts, but nothing major. Like any band, we sometimes get at each other's throats, but we've been able to work through it. For the most part, we trust Greens as a seventh member of the band in his engineering capacity. We all had input at various times, but the album is largely his interpretation of our sound. He's worked really hard on this album and put in some really long hours. We were lucky to work in a great recording studio, and Darren at CCM Studios has been super generous in hooking us up in our sound. The hard work involved in a project like this sometimes gets lost in the romanticizing of the recording process, but at its base, it's awesome to get to work on music in a studio environment on a daily basis.

There was one crazy night where LC and Greens were recording vocals. A client of Greens had left an earlier session to get a pack of smokes or something and we he came back like two hours later he looked beaten had been stabbed in the hand. He had a big gash in his hand, and his clothing was ripped. He was breathing really hard, too. His only response to what happened was, 'Oh, you know how it is.' Then he refused to go to the ER, even though the gash was pretty gnarly, saying he would just close it up with some of his mom's super glue. Crazy.

CMB: If you were to ask yourselves a question, what would it be?

We are constantly asking ourselves how we can take our music and the band to the next level. It's important to remain vigilant against getting too comfortable or even lazy. Got to keep the creative fire burnin'.

CMB: Who are some of your favorite local artists not only now, but from the past as well?

We've been fortunate to play some big shows with amazing local acts like Bop Skizzum, The Lightleaks, EVS, and The Congress. We also have a number of friends who are very successful artists, like Fox Street All-Stars, Swift, Dielectric Sound, Take to the Oars and Dyrty Byrds. We're big fans of Pretty Lights, too. It really is amazing to be part of such a vibrant local music scene. It's exciting to see ourselves and all of our friends doing so well and we owe most of that to the fans and music lovers in Denver. Others?

CMB: Shout outs!

Darren and the staff of CCM Studios; all of our friends and families; Community Service Apparel; Our people behind the scenes like Ida Chorney, Tate Woodrow, and Scott Neel; Roots 2 Rap Radio; Good Wood; DTA; and Akomplce.





For The Tiniest About To Rock

by Stephan Hume
Stephan@ColoradoMusicBuzz.com

I enjoy working with teenage rock stars. It is truly rewarding to see the future of the music scene blossoming in our studios. We even work with kids younger than 10, which is a whole different ball game and still extremely fun. But what about the kids that are younger than say, 5 years old? Don't they have a cool way to rock out at such a young age?

Meet Debbie Center. She is someone I have known for years and I highly respect her approach to teaching music and her big, generous heart. Today we discuss her approach to teaching and something called World of Harmony Music, or WOHM. The name speaks for itself in a lot of ways, but...

CMB: What inspired you to begin World Of Harmony Music?

DC: Well, the long version of my story can be found on my website, www.WorldofHarmonyMusic.com.

com. But I'll give a shorter version here.

I'd been teaching piano lessons for several years, and people kept asking me to teach piano to their really young kids. I tried it a few times, but in my experience, kids under the age of about 5 are usually just not ready for the discipline required to learn an instrument as complex as the piano. Additionally, their hands are still too small to play the piano without stretching, which can cause repetitive stress injuries.

It was when my own daughter, Deanna, starting really showing an interest in music at about age 3 that I was more inspired to come up with something for young kids. I'd been looking at Music Maker zithers in a local music shop, debating whether to get one for Deanna. I finally decided to give it a try, and she loved it right away! When Deanna would bring her zither into public places, kids and parents would swarm us, asking what it was, where we got it, and the kids would actually fight over who would get to play it next! The idea to create a music program, based on the zither, literally came to me at 2 in the morning. I was suddenly awakened with the knowledge that I could create a program for kids based on the zither! The next day, I figured out how to write sheet music for the zither on my computer using AutoCAD. I then began putting words to classical music, words that would teach kids the names of the pieces of music, the composers, and the history of the piece. I've also created "flip sides" to each piece of classical music with fun facts about the music and the composers.

I also just love foreign languages and cultures, something we see very little of in Littleton, where I live. I decided that I wanted to do something where I could share my love of foreign cultures with children. It's my dream that if I teach kids to love all cultures when they're so young, it will prevent some of the prejudice

that plagues our world. So I've included music from all over the world in my program, and we talk a lot about various world holidays when they're happening! Then we learn to sing and play music from that part of the world!

All of this took a couple of years to put together, but eventually I had enough music to begin my classes. Over the past nine years, those classes have evolved into World of Harmony Music, and I've taught my classes to over a thousand kids now! It's a good start!

CMB: What would you say are the reasons that so many people are loving this approach to teaching young children?

DC: Well, the zither is so easy to play, and my books make it so easy to teach, too! It's a small instrument with 15 strings. You simply place sheet music underneath the strings, pluck the notes in the order shown on the music sheets, and you're immediately playing beautiful music! The lyrics I've written for the music is often very silly and always kid friendly. The kids are so busy laughing and having a great time that they don't even realize how much they're learning! What's more, the parents who sit in on the lessons have a ball, too! They learn all about great music with their kids, and end up having as much fun as the kids do! It's a wonderful way to spend family time with your kids while learning to play music together. Homeschoolers are also really enjoying my books, because you don't need to know a thing about music before teaching with my books!

CMB: You have published the music for this curriculum and it is available for people to purchase online. Can you

talk about what kind of an impact you have seen throughout the world? Also, what is it like to publish and ship your curriculum around the world?

DC: Oh my gosh, what a journey that's been! I really debated for several years whether or not I wanted to publish my music. People kept encouraging me to do so, but I was afraid. I did get everything registered with the Copyright Office in Washington, D.C., but that only offers so much protection. People WILL make copies, they WILL steal your ideas. Finally, another composer said to me that if you have a great idea, but keep it to your chest because you're afraid others will use it without your permission, you will eventually die with it held to your chest. No one will have benefited. I realized that I didn't want that to happen, so I took the plunge and published my books. That was a little over a year ago, and now I've sold nearly a thousand books in twelve countries! I've received emails from people all over the world, thanking me for my books and telling me how they're using them! Those emails are just incredible, and are much greater payment than anything I could ever deposit into the bank!

I recently received an email from an elderly woman in New Zealand. She said, "Debbie, I received your wonderful books today! I'm completely addicted, I can't put them down! I just love them, and I know the grands will too!"

People of all ages, not just kids, are having a ball with my music! You just can't beat that kind of feeling, knowing you've just opened up the wonderful world of music to another person; one who you'll probably never meet, but you've touched just the same!

Read more of this article at
ColoradoMusicBuzz.com

YOUTH ON RECORD

Providing music programs for the youth of Colorado's residential treatment centers.

Goodbye to My Friend Music

What Music Has Meant to Me

by Aaron Makaruk, Nathan Schmit, and the Youth On Record Students
Nathan@ColoradomusicBuzz.com

While listening to *Mozart's Requiem*, Youth On Record students wrote the following answer to this question: If music was a person and today was the last day you would be able to spend with this person, what would you say to him/her?

"Music, you have changed my life incredibly in many different ways. When things were tough and my life was almost unbearable, you were there to calm me, to motivate me, and give me a reason to move forward

and not ever give up. In the points in my life when it seemed that I had lost everything, you were there to tell me that there will be a light in the darkness. Music, you have also brought a passion to my life when I was in a place where nothing mattered and that there was no point to life. Thank you, you kept me going and away from failure." ~Charger

"... without it I could not even breathe right, talk right, or even think right, so please let others see your beauty." ~Preston

"Man, music is the epitome of continuity to me. Not

only does it provide unparalleled entertainment, but also it really just advances internal adventures into some of the trippiest dimensions known to existence." ~Paul B.

"Before I depart, I rap this straight from the heart. All the emotions and pain disappear in the dark. Then I spark without a fuse..." ~Gurmar

"You're the only thing that makes sense in my life!" ~Billy

"[Music] is a positive release and a good coping skill for millions worldwide including myself. I would also thank it for the positive role it places in my life. Music brings me motivation, desire, goals, and an overall great thing to do with my life." ~DJ

"When no one was there to help me think or realize life, you were there to explain many things to me. Music, you are the greatest creation..." ~Dennis
"When I die, my love will never fail. My love will be

flying around every day to all my family and friends. Another good song I would like hear before I die and to also play at my funeral is 'Just the Way You Are,' by Bruno Mars, because that song reminds me that I am amazing just the way I am, and I don't need a boy to make me happy. This song also brings my self-esteem up." ~Richelle

"Every time I listen to it [music], it gives me a fresh start. When I get mad, music calms me down. If I could listen to one final song it would be my music that I have made, called 'Spykids.' That song cheers me up." ~Andrew

It's time for the *Flobots.org* annual fundraiser! Join us at the *Flobots.org* Bowling Ball 2011, October 8th at the Bel Mar Lucky Strike. "It's not your mother's fundraiser!"

Flobots.org



Is Acupuncture For You?

by Brandy Cordova
BCordova@ColoradoMusicBuzz.com

When you hear the word acupuncture, what comes to mind? Usually tons of needles stuck all over the body! Well, that image is one that many practitioners would like to squash. As a Five-Elemental Acupuncture clinical intern at the Institute of Taoist Education and Acupuncture (ITEA), it is one that I would personally love to see squashed! Our style is different than TCM, Japanese and Korean, in the aspect that we treat the root cause of imbalances, and we treat the person as a whole; body, mind and spirit.

There are so many styles and techniques of acupuncture performed that it's confusing for the lay person to know which style they should try. Some styles of acupuncture may be more preferable to a person for one reason or another, or one may even be more appropriate for the types of issues that they are dealing with.

The most common style practiced is Traditional Chinese Medicine, or TCM. This is the style where you do get a lot of needles placed in various parts of your body and they are left in for a certain amount of time. They use a three-point combination, distal, local, and remote, when placing the needles into the skin.

There is Japanese style, and within this there are about 30 different styles! The Japanese were introduced to Chinese Medicine in the 6th century. Since then, the Japanese have developed many unique theories and techniques. Japanese style is similar to TCM, but

uses fewer and thinner needles with less stimulation of the needle.

Korean acupuncture is another broad practice, which includes some unique techniques and applications as well as some from both TCM and Japanese acupuncture. This style also makes use of the Five Element Theory and an emphasis on your body type or constitution when developing treatments. Korean hand acupuncture uses points on the hands, which correspond to certain areas of the body and to certain disharmonies.

Auricular acupuncture uses points in the ears that correspond to certain areas of the body and to certain disharmonies. It is commonly used for pain control and drug, alcohol, and nicotine addictions. One area where Auricular acupuncture is used extensively is in drug and alcohol detox centers where the NADA Protocol is used to help people deal with addictions. The NADA protocol has been proven to be extremely

powerful in alleviating symptoms of stress and trauma, as well.

Another style of acupuncture is Classical Five-Elemental Acupuncture. Five element theory is one of the major systems of thought within Chinese medicine. From an historical perspective, it is an important underpinning of medical theory and serves as one of the major diagnostic and treatment protocols. The style is based upon nature. Professor J.R. Worsley adapted Classical Five-Elemental Acupuncture to fit our modern world. This style treats the person as a whole; body, mind and spirit. The needles are inserted into points, stimulated, then pulled out, not left in.

Regardless of the style, if you are interested in receiving acupuncture, do your research! Read books, check websites, and ask around. Just make sure the practitioner is a licensed practitioner!



The Manager's Corner

By Chris Daniels

I've managed my own band since the 1980s and despite the amazing change in technology, success in the music business is built around four tried and true elements: great music, really hard work and timing (often mistaken for luck). The other key element is getting the help you need to make that luck happen. These days that help is everywhere. The book I wrote for my UCD class on artist management is called "DIY: You're Not in it Alone" and that is exactly what you need to understand.

Here is this month's question for young artists, how are you going to make money selling recordings of your music: mp3, CD, Spotify, iTunes, Amazon and/or selling them at gigs? Answer, these days you will have to do ALL of that.

Unless you have been living under a tree in Rocky Mt. National Park musicians have watched the "delivery" systems change for recorded music. If you are an 'old

far' you remember the days of the '45', LP, cassette and finally the CD. For those thinking I left out 8-track tapes, I did that for a reason. One that I hope will scare the crap out of you. So far, in our new ten-year old digital download age (since the iTunes store opened in January of 2001) all the digital sales amassed so far still fall short of the sales figures for the 10-years that 8-track tapes were part of the market...really! For anybody who's been out there selling "merch" at their shows you know that sale of CDs and even USB drives loaded with your music have fallen off from the numbers you used to do. There are wonderful rays of sun in this gloomy forecast. Amazing music lovers like Paul & Jill Epstein at Twist & Shout and independent record stores all across the country are holding their own and some like Andy at Albums On The Hill are really forging ahead with in-store performances and great music choices and a remarkably devoted clientele. And there is a wonderful rediscovery of vinyl and the warmth of that medium with sales increase numbers to match that rediscovered joy of listening.

But the future on the "BIG" horizon begs some questions. The "majors" are looking to "streaming" as a "river of pennies" to save recorded music. And at the recent F8 conference in Nashville Facebook and Spotify are forging a solid relationship. For those not familiar with Spotify, this is essentially a streaming-service that allows you to listen to just about any track ever recorded for a small monthly fee and then if you like it you can download it. It is better than the billions of tracks stolen every day, but here is the shocking financial reality as reported by Digital Music News ... it takes roughly 330 "streams" to pay the recording artist approximately \$1.29 ... the equivalent of one download track on iTunes. Which means that is a mighty small river (stream) ... whatever! So the answer for young DIY artists and managers or the "band's business person" is to make the most of every medium that makes cost effective sense. And you have "friends" or partners who will help you do that. Andy at Albums and Paul & Jill at T&W will be willing to take your CD on consignment *IF - you are*

playing gigs. TuneCore, CD Baby and any number of "aggregators" are willing to get your music on iTunes (you cannot go direct to them) Amazon, Spotify, Last.fm etc etc. Look carefully at the number of shows you are playing and the number of CDs or USBs you plan to press and DON'T over press beyond your sales capacity even if you get a great price break at 2,000 discs ... if you can't sell em, they'll sit in your garage and really piss off your loving partner! The long and short of it is to make SMART choices as to what will work for you and understand that recorded music needs careful planning and marketing to work. I know it's gloomy, and even Lady GaGa's manager said he thought that recordings were probably going to head for the zero price-point but there are really good people like Andy and Paul and Jill and CD Baby that believe in recorded music and you just have to make smart hard choices about your plan. Last, MAKE A PLAN - and always and I mean always make sure you have "product" in your hands at least three weeks before your CD Release Party at Herman's!



Musicians have a Heart Festival for Doctor Phil Good

by Guy Errickson

TheNakedStage.Net

GErickson@ColoradoMusicBuzz.com

Like (and liked by) many musicians, **Phillip Dyer** AKA "Doctor Phil Good" - one of the founders of **Mountain Standard Time** and the event production company **Ned Presents**, has no health insurance and finds his heart is in need of its *own*

"click track," requiring a pacemaker immediately. **Saturday, October 22, from High Noon 'til 1:30 am** enjoy a sick mass of heartfelt, pulse-raising music, great fresh food, and 150 years worth of rich mountain ambience at **The Stage Stop in Rollinsville** (TheStageStopRollinsville.com - between Nederland and Idaho Springs on the scenic Peak To Peak Highway). This all-day-and-night festival climaxes with headliner **The Grant Farm**, featuring 2008 National Flatpicking Champion **Tyler Grant** (Drew Emmitt Band), and **Andy Thorn** (Emmitt-Nershi Band, 2003 Rockygrass Banjo and Band winner with Broke Mountain Bluegrass Band).

Tickets are only \$30, which include the 13 & 1/2 hour festival, a huge Silent Auction, and FREE SHUTTLE service from and to Boulder and Denver! There's also a medical trust fund for donations from those who can't attend.

Joining the party are: the **Holden Young Trio (HY3)** with **Cody Wales** (Salmon Eggs) and **Billy Archilla; Chuch'chadelics...**

Read more of this article at ColoradoMusicBuzz.com



Between the Covers Burning Man!

By Torch

You will find yourself saying things like: "So I was Dancing with this jelly fish when..." or "Dang my forehead twinkle light went out! Good thing I brought my light-saber!" "Which way to the human carcass wash?" or "Porn and eggs, Right On!"

Burning Man is the ultimate hardcore party in the United States. The reason it is hardcore is that you live in an environment of dry hot desert, dust storms, cold nights, and endless fun and adventure. Burning the likeness of a man in effigy became the culmination of a weeklong event that was capped for the first time in 2011 at 50,000 people. That makes one huge party in the Nevada desert. Black Rock City, the name of the site of Burning Man, grows from dust to the third largest city in the state of Nevada. When it is done, not a trace is left behind, not a feather or fluff, just footprints.

It is the gathering beyond description. If you think you know what it is all about but haven't gone then you are *mistaken*. Burners, the term of pride and endearment used to describe the folks who go to Burning Man, will tell you that the experience is different for everyone. Is it about Art? Yes. Is it about Music? Yes. Is it about

sex, or drugs or crazy costumes? It could be; it can be about whatever *you* make it. After the first few hours you won't even notice that half the people are butt naked.

The first time you go you are considered a virgin. Once you've gone, you will consider Burning Man your home and the live outside Burning Man becomes known as the default world. The rest of the year you will plan and dream and save your money and vacation time just to go back.

One woman said, "If my husband wants to dress up like a cheerleader and walk around the desert for a week doing nothing but drinking vodka and eating Pop Tarts, then good for him!"

"Burning Man renewed my faith in humanity, the creativity, the love, the open arms that will hug your dusty, stinky self and let you know how wonderful you are." (Rocket)

"I am your basic computer geek in this world but at Burning Man, I am a Thunderdome God!" (Feret)

A first time 2011 burner named Krash described it as "A world underwater where there were all these little pods of different universes where people had their own way of dressing and their own languages and all were getting along harmoniously and you could move in and out of each other's universe."

"It may be the only place one earth where you can get into a bicycle accident with someone and come out of it with a hug." (Luna Quack)

Most burners will tell you if you're really curious then you just have to go. If you're not curious then don't. If you're psyched to try it then hit the to main website www.burningman.com and you can find information for first time burners that will help you prepare. There is a large local Burning Man community, who throw parties, make art, and tend to live a bit off the map. You can hook up with them and dip your toes in the pool of avant-garde fun.

Warning: The dust doesn't come off, and the experience will change your life.

Jesus the Booking Agent

by Mike Hall

MHall@ColoradoMusicBuzz.com

Mike Hall has been immersed in music for over 20 years, touring the country 'til he cried and playing in too many bands. He is currently incubating his sonic baby, the Fire and the Sigh.

Part 16: The All Over and the Not Yet (part 2)

Deep within the Comcast compound, wild-haired women coated our faces with just enough make-up pixie dust to make us feel pretty. With Born in the Flood's cheeks properly pink, the film rolled as we sat awkwardly and answered questions from the gravel-throated Pinfield. This interview was the precursor to a concert we would play to a live audience; the entire show filmed under the moniker: *Declaration of Independents*.

Under the lights, interviewing one-on-one with the old MTV VJ, I remember feeling anxious with the unspoken atmospheric pressure to be, ah ... witty. I'm fairly sure I wasn't. I think I said something creepy about playing drums while still in the womb, and then I talked about Nathaniel being the first keyboardist I've ever been excited to play with ... generally my percussive mind doesn't vibe well with keyboard playing, but Nate beats his Fender Rhodes like he's teaching the keys a lesson.

This lesson would be played for the masses very soon. When the interviews ended we were ushered next door to the "live studio audience" of a few hundred, where our instruments silently waited for us. Nathaniel walked on stage and first performed a few songs from his solo-project: *The Wheel*, (a taste of things to come for Nathaniel and the rest of the world) and then afterwards it was time to put down the acoustic; it was time to embrace some drum-pounding distorted keyboard punishment.

Walking up on stage onto the Comcast film-set, my gut felt heavy. Before this show my heart had been wandering from Born in the Flood for weeks, and now I felt this lack in my performance, in my drum-playing. Motions that years earlier were filled with deep meaning now lacked the spirit to propel them. Swinging the sticks around I almost felt as if I was lying, a deception: like a make-out session with a girl who's leaving the country in the morning ... it's fun on some level, but down deep you both know it's not going to last. I felt this way for most of the show, *except* this one keyboard song that Nathaniel pounds out the whole time, often cramping up his hand. I can't remember the name of the song, but I played, we played again like men possessed by something warlike. Happily beating and smashing, those old faded desires fired up in my belly once more, and I felt warm from the glory of it.

It was a beautiful three minutes, but then it was over. The last crash of that cathartic three-minute-long song dissipated into memory, and it all ended. Guitars and drums were put back into their cages, spotlights were torn down, and film-sets were ushered elsewhere to accommodate cable cooking shows. Lost in my own sad thoughts I slowly tore down my drumset, and then helped the film-crew stack chairs.

Suddenly, a thuddy crash broke the post-show silence. My melancholy forgotten, I heard yelling from across the set: "Gunnar! Gunnar! C'mon, get up!" I ran over and a very large man was lying unconscious on the ground, in the middle of strewn chairs and his head in a small pool of blood. His friends were bent over his body, pleading with him loudly and smacking his face ever so often in hopes of waking up their buddy.

As I anxiously looked on and watched a friend elevate the back of the man's head out of the pool of blood, my old CPR training pushed its way through the cobwebs of my brain. I realized the injury to his head was not the problem. "Stop doing that," I told the friend. "He's not breathing."

... to be continued

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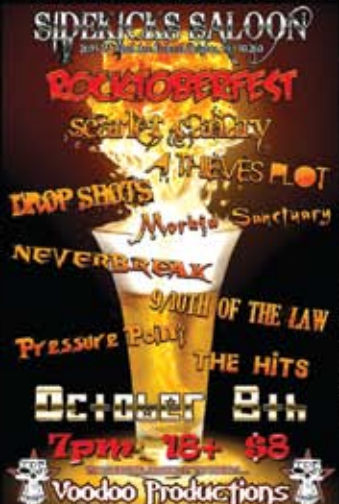
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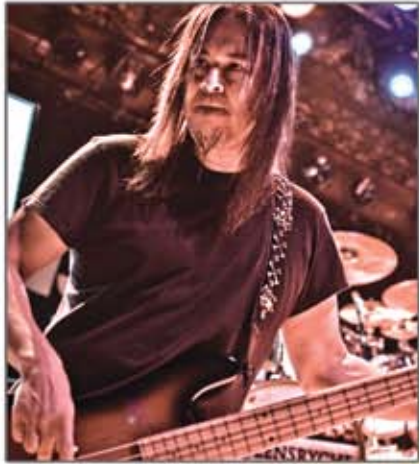
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Whats happening in NOCO!

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LocalMC Interview of some of the NoCo Comedians

by Gary Stewart

When you think of stand-up comedians, the first people you most likely think of are famous: Dave Chappelle, Eddie Murphy, George Carlin, Richard Pryor, and those crazy Williams brothers Robin and Katt. Now you all know that these guys didn't start out famous. They started out the same place as all stand-up comedians got their start, class clowns in school, and if they kept it up, they got to perform at their local comedy clubs.

The great thing about comedy clubs is they are everywhere! Why? People love to laugh, that's why. Laughter is a little piece of heaven for a little piece of time. Hey, if there is a better way to die than sex, it's laughter. It can brighten up the darkest times, and make awkward moments embarrassingly funny.

That's why we have a funny bone. Ever notice that when you hit your funny bone ... everybody else laughs. You're still not a comedian. We just laugh at each other when we get hurt, that's just being human. It's true, though, everyone loves to laugh at everyone else, especially when they get hurt (DON'T LIE).

So, what does it take to be a successful stand-up comedian? How do you get to the top of your game and sell out arenas and comedy clubs worldwide? Could it be timing, or delivery of a joke, maybe it's marketing, or maybe (just a guess, mind you), it's being damn funny, having a good sense of humor that's sicker than the pervert that performed before you. Honestly, I don't know. I'm not a comedian either. You know what though, I know comedians, local comedians right here in the city of Fort Collins, Colorado, so I went and hung out with them at a few of their shows to find out exactly what the hell was wrong with them. I got to admit that I was slightly surprised. Yes, these guys were very professional, polite, and a little off-kilter. We have Captain Jason, Josh Skillman, Mike Hammock, and Scott Bailey. This is what we found out about our local comedy scene:

LocalMC: How did the comedy scene start up here?

Captain Jason (CJ): Dicky Bill Wagner started doing shows in Windsor at the Duke and other venues that would allow him to do comedy. He had some hits and he had some flops, but things started rolling really well when he started doing open mic comedy night every Wednesday at the Cork. That grew and grew 'til you had up to 30 comics wanting to perform. The Cork had a great draw and just as things were reaching a peak at the Cork the owners

decided to sell it.

Josh Skillman (JS): They turned it into a family restaurant that said they didn't appreciate our style of comedy, we say "F#@K" a lot. That didn't fit with their Mexican, Italian, and American menu they were offering to customers. But if you remember, Mexicans, Italians, and Americans also say "F#@K."

LocalMC: Well that sucks, so after the Cork fiasco, what happened? And yes they do.

Mike Hammock (MH): Out of the ashes of the Cork came Hodi's. We regrouped at Hodi's and decided to do comedy there and Hodi's, rising to the occasion, helped us spread out comedy around the Northern Colorado area like a funny case of herpes infecting everyone with laughter and cold sores.

JS: Why do they call them cold sores? They burn.

LocalMC: You scare me Skillman.

MH: No, what's scary is steroids-injected herpes outbreaks that only affect people who don't wear goggles or laugh at our jokes.

LocalMC: Alrighty then. So what you're saying is comedy is a viral infection that spreads like herpes that's on fire? YEEEAH, I hope everyone gets that!

MH: Women can catch it, but men seem to have it the most.

LocalMC: So who started the Monday

night open mic at Hodi's?

MH: J Rock started the show at Hodi's on a Monday night from 7-9 pm. Then Brett Crandall started doing the East Coast Comedy Monday nights starting at 10-12 pm. Now every Thursday night we added Hattrixx 8-11 pm (roughly).

CJ: Yeah, and it keeps growing from there. People don't just come to perform; now comedians are actually producing their own shows. Now they are all over the place spreading comedic herpes all over the faces of our audiences.

LocalMC: Y'all need to stop with the herpes. At least give them the Clap, that's at least curable. What is your favorite venue to play?

JS: Everybody wants to go to the East Coast.

MH: Next to Hattrixx.

LocalMC: They both draw a great crowd.

MH: Yes, they all do, but tonight at Hattrixx we had one of our best shows and one of the biggest crowds and we have only been here for two months.

Read more of this article at
ColoradoMusicBuzz.com



KRFC rockin' FoCo

Interview with: Andrew Schneider
By: Landon Ricker

KRFC is a non-profit public radio station that serves the Northern Colorado region. Their vision is to be recognized as a respected voice of the community, creating a sense of place through excellent radio programming. KRFC broadcasts diverse music, local news and local public affairs.

LMC (Local MC): What is goal of KRFC?

AS (Andrew Schneider): To make great radio that is local, non-commercial & volunteer powered, while creating community through radio.

LMC: Who all is involved in the program?

AS: We have volunteers running the program, they spend 40,000 hours of their own time to run things.

LMC: Who has been the most fun to interview?

AS: Out of the two of the eight years, I have always enjoyed local Colorado music, because there is so much crossover between musicians in music projects. Which gives you a broad spectrum of who has performed with each other & the strengths of the music community.

LMC: What would you like to see the radio program achieve?

AS: I think there are a lot of artists that don't know about Live At Lunch that can get exposure for those local artists. We are the oldest local radio station for local artists.

LMC: How long has the program been running?

AS: It has been going on for eight years, but I've been with the program for two years.

LMC: If you could do something crazy for KRFC what would it be?

AS: I would like to have underwear models skydiving in on a major music event with KRFC parachutes.

LMC: Is the radio station involved in any events around town?

AS: We sponsor a lot of events around town. Like family friendly outdoor events to underground music events. Our dj's MC concerts & music fest.s year round. This year we've seen a big rise in KRFC's ground presents at community events around town.

LMC: Who started the program?

AS: The Live At Lunch team still has a couple volunteers from the beginning. It was the dream of a lot of people to feature live music, local & touring musicians.

LMC: What other exposure do the musicians get besides being on the radio?

Read more of this article at
ColoradoMusicBuzz.com



Zombie's Are Coming Interview with Nathan Scott (Zombie Crawl)

by Landon Ricker

The 2011 Fort Collins, Colorado, Zombie Fest is slated for October 22, 2011, when the undead take over downtown Fort Collins to raise money for **Turning Point**. Creatures of all ages are welcome to participate in these TO DIE FOR events!

LMC (Local MC): What allure does the **Zombie Crawl** provide to those who participate and does it accommodate for all ages?

ZC (Zombie Crawl): The appeal is in the fun getting to dress up and getting into character. The appeal of the zombie is it's scary but not too scary. Right now there is a lot of buzz on the subject. Also bringing a "what if" about zombies. Yes, we make it all

ages, during the day is the Teen Scream and Zombie Kids. For high-school kids we have the Zombie Prom, and Zombie Ball for adults. The Crawl is a family friendly event.

LMC: From what I previously mentioned, what is your favorite part of the Crawl?

ZC: Last year it was all the people showing up in costume and the crowning of the zombie king and queen. This year I'm looking forward to the Faded Freakshow's place at the Crawl and DJ N810 spinning some fun music.

LMC: What else is new that will lure the undead to rise and roam the streets of Old Town?

ZC: We have lots of activities and fun for everyone, like all the new featured locations.

LMC: How many participated last year

and how many do you expect this year?

ZC: Over 600 hundred wrist bands were sold last year and lots more participated. We encourage people to get wrist bands so they can participate in the specials from the featured locations. This year we are hoping for 1000 attendees.

LMC: So from what you've heard about the Faded Freakshow, what act are you dying to see? No pun intended, or maybe it was.

ZC: Of course Slim FadEy eating a vinyl record, Woody McHaggis drilling a power drill into his face, and the lovely bearded ladies.

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Interview with Autumn Burn

by Scorpio

It's fall in the Choice City. It's a beautiful day in my favorite season, and as coincidence would have it I'm talking to one of my favorite local bands whose name just happens to be **Autumn Burn**. I saw these guys at the **CMB Battle of the Bands** at the Summit Music Hall, where I was very impressed with their performance. Then I found out they were from Fort Collins, and flipped the f@#k out. I am so happy

that these guys are reppin' the Northern Colorado sound. Right now, I am sitting with Chris, the bassist, and Eric, lead singer and guitarist. So let's find out a little about these fools.

LMC [Local MC]: What's up guys, what's going on?

CC: Chillin', playing music, ya know. Just did a show on the 23rd at Hodi's. We played with the Varmits and Fusterclucks.

LMC: How was that? It sounded like a crazy ass time?

Eric: It was a great show, lot of energy from the fans, played with great bands. We had a blast.

LMC: Normally I don't ask this ... but what are your greatest influences? What makes you do what you do?

CC: I would have to say my biggest influence to play is Navena Kopper from the band Animals as Leaders. I'm a bassist, he is a drummer, but his passion that he

plays with drives me to be the best I can.

Eric: Jesse Lech is a former lead singer of Killswitch Engage who wrote positive lyrics to the most brutal music that you could hear. He lost his voice later on and was replaced by the lead singer they have now. But he was the type of vocalist that could make a negative topic and show you the silver lining in it.

LMC: Are you doing this for the money, for the fans, the girls, the drugs – why did you guys want to be musicians? I did it for the drugs and women ...

CC: You would. I do it for the music, women come later. It's not only for the recognition. I remember I was at "Horse" the band show in New York and I got to meet Dash Arkenstone, the bassist for the band. I told him how much of an influence he was on me when he came to playing music and he was in awe. The fact that he was in awe kinda blew me away. I never expected that someone of his caliber would not be used to that kind of admiration. He said to me, "Thanks man, I do it for the music."

LMC: When listening to your CD and

watching you guys play, I see a lot of different styles joined together. How would you describe your writing style?

Eric: Open topics things like: bee's buzzing, sunshine, songs of sorrow, songs of regret, frustration, anger, f@%king your mom, and when you add all those together you get beautiful music. We write serious songs, of course, songs that actually have a meaning. We don't like mindless dribble.

LMC: Great, I HATE mindless dribble! It's so unnecessary and it's everywhere. GOD HELP US ALL! So what do you guys have in the works?

Eric: Working on new music, writing a new album. Ahroe Luster, the ex-guitarist for Machine Head, is the producer for the last album, they want to get him for this new album. We have a lot of material and right now we just want to put out the best product for everyone. Don't worry ... it's coming.

Read more of this article at
ColoradoMusicBuzz.com

Darkwave
Tuesday, Oct 18th
Organic Cage cd release party

DJs
Ghrimm & Gustavo

Goth, Industrial EBM

8pm to close

21- \$5
18- \$7

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www.DSBP.com / www.shinto-tech.org
www.vendetta-music.com

Paint it Black: Goth Night at Darkwave

by J.A. Campbell
WriterJACampbell.com

Put on your black lipstick, dig out your leather trench coats, and lace up those combat boots! Hodi's Half Note hosts Darkwave, Fort Collins's local Goth night, one Tuesday a month. You'll be treated to some awesome DJs and great Industrial and Goth music. The bar has a great staff and an excellent dance floor.

The experience is hard to explain, but imagine walking into a dark bar, the low mournful harmony of singing vibrates through you and the synth melodies tug at your soul. It pulls you through the bar and onto the dance floor. You sway as the music grips you, and you give into its beat. Your feet stomp and your hands twirl. The music speeds up and your body moves with the rhythm of its own accord. You dance until you can't anymore, then you remember you're in a bar, with friends to see and new people to meet. You hurry from the dance floor, swing by the bar and get a drink, then apologize to your friends for ignoring them. No apology is necessary though, because they all understand. They come for the music, too.

My first experience with Darkwave was in 2006, when it was Club Static on Sunday nights. I can't quite remember what prompted me to first go, but I suspect it was my friends. I was shy, introverted, and showed

up in jeans, t-shirts, and horse riding boots for months. Watching the dancers with barely concealed envy, I drank a little and chatted with friends. A similar crowd showed up every week and we all knew each other. It was a safe, comfortable place to be ourselves. A place that finally helped me to come out of my shell, and among other things, learn to dance. I even started dressing up, though regrettably I've never donned black lipstick. I was there for the last Darkwave at Club Static. It was a somber affair. After Static closed several years ago Darkwave moved to Osiris then to Suite 152, where it moved to one Tuesday a month. Darkwave has settled at Hodi's Half Note in Old Town Fort Collins. Did I mention the great dance floor at Hodi's?

Goth night in Fort Collins had been going on for many years before I started attending. To get some of the history I spoke with Sarah, also known as Sati, who, with her husband DJ Ghrimm, has run Darkwave since 2004. When she started attending, Goth night was called Requiem and she stumbled on it while promoting for a band. She started going every Sunday and soon began to help with handbills and promotions.

In the beginning DJs SynthetEc, Scotch, and Statik were the primary DJs. SynthetEc was in charge of Darkwave before Sarah. These days DJ Ghrimm spins every Darkwave along with a guest. In the warmer months DJs come up from Denver.

Sarah says that the music is what keeps her involved with Darkwave month after month. It's what keeps me coming back too, that and the really interesting people. It's easy to get lost in the music as it pounds through you and makes you sway and stomp. Sarah says that as long as she and Ghrimm live in Fort Collins they will make sure there is at least one Goth/Industrial night a month. "I love dancing and don't want to have to drive to Denver to do so."

Along with the monthly Darkwave, Sarah puts together "Darkwave's Nightmare for Xmas" in December. They throw in other underground genres including Punk and bring out the cookies and snacks. Dressing up is encouraged, but not required. Darkwave has no dress code and everyone is welcome. Sarah always tries to include a CD release party at Darkwave and giveaways usually from one of the sponsoring labels. There are also giveaways from Katalist Concepts – a local tattoo parlor – Vendetta Music, DSBP, Shinto Records, and Engraved Ritual, the current Darkwave sponsors.

Read more of this article at
ColoradoMusicBuzz.com



These monthly Horoscopes are purely for entertainment purposes only. In no way do they predict your future or tell you what you should wear for Halloween. Read at your own risk.

Famous October Birthdays: Anne Rice, R.L. Stein, Flea, John Mayer, Picasso, Bill Gates, The Foz, Scott Weiland, Paul Simon, Simon Cowell, Eminem, Doug Ware, and Snoop Dog.

LIBRA Sept 23rd- Oct 22nd

Indecisive Libra. This really isn't the best time to figure out a set plan of action. It would take way too long for you. So I have made an example for you. This Halloween you can go as a Zombie-Cheerleader. That way you can have the best of both. RAH! RAH! Now go cheer on both sides and play nice!

SCORPIO Oct 23rd-Nov 21st

Dirty Scorpion, you will rule the parties this month as your creative juices flow. Don't blame me, however, when you wake up wearing a fuzzy animal costume with a trap door on it. Just take the rubber ball out of your mouth and smile. You were the life of the party and everyone on Facebook now knows it too.

SAGITTARIUS Nov 22nd- Dec 21st

Serious Sag. We know it's all an act. You are going commando on a daily basis. So while you are all dressed up in your Toga outfit this month, free-balling all over the place, please try to remember this tip. Make sure the sheets are clean, you don't want what your friends got!

CAPRICORN Dec 22nd- Jan 20th

Conceited Capi. No wonder you are feeling worthless. Being both fish and goat would make anyone nuts! What in the world is that anyway? Maybe you should take the safe route and dress up as a doctor or nurse this year. If anything, it should make you feel a bit more useful. Just don't try to prove yourself through random acts of stupid. Some famous last words include "hey guys, watch this!"

AQUARIUS Jan 21st- Feb 19th

Sarcastic Aquarius. It's the month to pull out those old leather pants you have in the back of your closet and take a ride on the wild side. Bikers are back in a big way, along with the herpes and other venereal diseases. You can still be the life of the party though, as long as you bring the Valtrex. Cheers! Now how is that for sarcasm?

PISCES Feb 20th- Mar 20th

Freaky Fish. Maybe you can go as Hitler this year. With all those people who blindly look up to you, we may just see a change in power! Try to be modest with your addictions. Be it drugs, religion, or art. Everything is better in moderation. Have fun, but not too much or you may end up on the wrong end of a pineapple. Oye Vey!

ARIES Mar 21st- Apr 20th

Dear fiery Ram. Don't be upset that you are merely the mascot for our University. This month you can exact revenge for all that trauma it may have created. All it takes is a camera and Facebook. They will provide the rest. So jump into that pimp or hooker costume and invade those frat parties with a vengeance. We will see you on the internet.

TAURUS Apr 21st- May 20th

Lazy Bull. I think the best bet is to go out as a couch this year. That way no one will expect you to do anything you don't want to. You can just lay there, as always. If you are motivated enough you may even find one with a built in toilet. Ahh the good life.

GEMINI May 21st- Jun 20th

Devious Twins. While everyone is set in their plans, you have yet to decide the color of your underwear. So while you go to your many parties and change into your numerous costumes in your car, try to remember that all it takes is a camera and Facebook. Choose your undies well!

CANCER Jun 21st-Jul 21st

Caring Crab. As you don your Mother Theresa or priest costume this month, try to remember to enjoy yourself a little. It won't hurt to pray to the Porcelain God once in awhile. It sure looks different being the one in there and not just holding the hair of others.

LEO Jul 22nd- Aug 22nd

Vain Lion. Since you already know what you will be this month, I will save my advice. Outshining your friends is what you do best. We do enjoy basking in your awesomeness even if it is half-assed. Too bad they don't make a God costume. I guess you will have to settle for Thor or Venus this year.

VIRGO Aug 23rd- Sept 22nd

Darling Virgin. As you tie up your combat boots and polish your Nerf gun, remember, that in order for it to actually do some good is if it's loaded, much like you. Behave as you always are at parties this month. We are all desperately waiting with our cameras for you to screw up!

Robin Spencer

Northern Colorado

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NOCO Team Zoo Keepers

Mike Carlson

thelocalmc@gmail.com

Kirsten Smith

kirstenlocalmc@gmail.com

Gary Stewart (a.k.a. Scorpio)

scorpiocalmc@gmail.com

Doug Ware

dougware86@gmail.com

Writers, Contributors

Julie Campbell

jacampbell4@gmail.com

Landon Ricker (a.k.a. Slim Fadey)

slimfadey@gmail.com

Amandha Gilson

amandha.localmc@gmail.com

HorrorScopes

Robin Spencer

robinspencer5@hotmail.com

Cover Art & Graphic Design

Betsy Steger

betsy_steger@yahoo.com

Photography

Queensryche photos page 20

Matthew Zinke

matthewknowsphotos@gmail.com

TheLocalMC.com

FORT COLLINS MEDICAL MARIJUANA CENTERS: REGRESSION IN A PROGRESSIVE TOWN?

by Amandha Gilson

Even if you don't use medical marijuana but especially if you do, the November mail-in ballot for this year's election matters to YOU! Why? Well let me tell you a little bit about what's going on. There was a petition made by area residents and businesses alike to put a vote on the mail-in ballot regarding the existence of medical marijuana centers within city limits. Medical marijuana centers are places that medicinal marijuana card holders can go to get their ailment relief either in the form of the herb or many of the other holistic offerings these centers usually offer. The centers were originally allowed to open in an effort by the city to regulate, control, tax, and otherwise monitor the sales and consumption of medical marijuana. Now let me make a point here: The opening of the centers simply moved the unregulated growing and distributing of marijuana from our local neighborhoods (as it had been since before medical marijuana was legalized), to places of business where the state now receives revenue and ensures the safety of legal distribution. The public existence of these centers is where the tension lays between supporters of the ban and non-supporters.

Supporters of the ban have made arguments about crime and the city's reputation surrounding the appearance of the centers, and other such issues that

honestly have been around since before the terming of "medical marijuana" and it then being in the hands of the state. Before marijuana was legalized and these centers allowed to open, growing and sales happened in local neighborhoods, without a special eye keeping watch over each detail and person. Now that there is a record, and a very detailed one at that (from seed to sale), the lay person is able to pick and choose what evidence they want to use for their side of the argument. This seems to be the case with all politics, and it doesn't stop here. There is evidence to support both sides of the argument; the problem is that the supporters of the ban are looking at what they are able to pull from what's only been documented since the arrival of the regulations. The crime-related cons they are finding, however, have no documented comparison of both before and after the centers were allowed to open. However, even a simple comparison of all "drug" crimes before centers opened to now would show that marijuana-related crimes have decreased substantially. Marijuana used to get lumped in with everything else "illegal." Now that it stands out on its own, as it becomes more accepted as a method of alternative medicine, it is being viewed as creating negative outcomes for our fine city. Well people, if you haven't already figured it out thus far, I will tell you: Marijuana has probably been in your neighborhood since before you got there. It's a simple fact, but more true than most would like to admit.

Read more of this article at
ColoradoMusicBuzz.com



Thirty Days of Literary Madness

by J.A. Campbell

WriterJACampbell.com

"I think I want to write a novel someday."

"Oh yeah? What about?"

"I don't know. Like, my philosophy or dragons or something. Yeah, definitely dragons."

"Cool! November's your month."

November is National Novel Writing Month, or NaNoWriMo, where over 200,000 people worldwide get together virtually and locally for thirty days and nights of literary abandon. The goal: write 50,000 original words in a month. The process: 2000 words per day will get you done by Thanksgiving, 1667 words per day will get you done on the last day.

Fifty thousand words in a month seems like an impossible task. Not so! In 2010, out of 200,500 participants, there were 37,500 winners. Yes, over thirty thousand people all over the world wrote 50,000 words in a month.

NaNoWriMo started in San Francisco in July 1999. Twenty-one people participated. Chris Baty, the founder of NaNoWriMo, says that he and his friends "wanted to write novels for the same dumb reasons twenty-somethings start bands. Because we wanted

to make noise. Because we didn't have anything better to do. And because we thought that, as novelists, we would have an easier time getting dates than we did as non-novelists. So sad. But so, so true." They thought it would be a painful, embarrassing experience, but what they found was that it was a heck of a lot of fun. "Novel-writing, we had discovered, was just like watching TV. You get a bunch of friends together, load up on caffeine and junk food, and stare at a glowing screen for a couple hours."


From that crazy experiment in 1999 of 21 people, NaNoWriMo has grown to over 200,000 participants in countries all over the world. I highly recommend reading the full history that Chris Baty has published on the NaNoWriMo website: NaNoWriMo.org/eng/history.

All of this begs the question of what a writing challenge has to do with the local music scene. Well, Fort Collins just happens to have one of the best NaNoWriMo groups in the world. Music? Well, many hours of music are consumed while novels are written in November, but really it boils down to is writers are artists, and the local NaNoWriMo group would love to have any local artist who is interested in writing join them.

Back in 2005 I was in school, new to the area, and had only a couple of friends. No, this isn't a sob story; my few friends were awesome. I was happy. Then on November 1st I discovered NaNoWriMo. In 2000 I decided I wanted to be a novelist. To that end I started many projects, worked on many stories, wrote often, but I was missing a key component to my novels. The Ends. I had yet to finish one single novel or story. I hadn't figured out how. All that changed in 2005. I thought 50,000 words seemed impossible, but I signed up anyway. My hands literally shook as I joined the forum and registered as a WriMo (what NaNoWriMo authors call themselves). You can still find me on the NaNo forums; I'm Firewolf. I had no idea what I was going to write, so I thought for a few minutes, remembered a vague idea about a girl who has fantastical adventures on horseback and decided that yes, this was my novel. I started writing. I also explored the forums on the NaNo site and discovered that other people in Fort Collins were doing NaNo. I thought that was pretty cool, especially when I read about write-ins. Then I did something even more daring: I went to one.

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- JOSHUA SKILLMAN

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